

## Trip Itinerary:

### Day 01:

Arrival in Kathmandu airport (1345meters).

Our airport representative will be receiving you at Tribhuvan International airport, Kathmandu and s/he will be displaying an Nepal Mountain Bike signboard outside the airport terminal. You will be then transferred to your respective hotel in our private tourist vehicle. Overnight at Hotel.

### Day 02:

Pre-trip meeting and sightseeing around Kathmandu

After the pre-trip meeting, your sightseeing trip will start at around 8:45am. You will have a private vehicle and a professional tour guide at your disposal. We visit Boudhanath Stupa, one of the biggest Buddhist shrines in the world, where we observe Buddhist monks praying in the monasteries surrounding the stupa. After Boudhanath Stupa we visit Pashupatinath, the most famous Hindu temple in the country, located on the banks of the holy Bagmati River. Here we see Hindu holy men (sadhus) meditating, pilgrims bathing and occasionally funeral pyres burning on the ghats. We then head towards Swayambhunath – also called the Monkey Temple - a Buddhist stupa perched atop a hillock on the western side. You get a magnificent view of the valley from here. Overnight at hotel.

### Day 03:

Drive from Kathmandu to Pokhara (820m) 7 hrs by tourist bus

In the morning, we will drive to Pokhara from Kathmandu. Pokhara lies some 200 kilometers west to Kathmandu and is a 6-7 hrs of driving away. Overnight at Hotel

### Day 04:

Fly to Jomsom (2,700m), assemble the bikes, and ride to Kagbeni (2,900m)

On this day, we will take a morning flight to Jomsom from Pokhara. After reaching at Jomsom, bike to Kagbeni, which lies in 2,810 meters altitude. Overnight at hotel.

### Day 05:

Ride from Kagbeni to Muktinath

Today after breakfast, ride from Kagbeni to Muktinath (approx 2,760 m). The landscape is extremely dry and desert-like. You may come across a handful of trekkers and pilgrims, mainly from India, on their way to the holy temple with the eternal flame in Muktinath that burns from a natural gas source. Reaching the culturally and religiously site with stunning mountain views is quite an achievement. Overnight at hotel.

### Day 06:

Ride from Muktinath to Chele

After breakfast, we will ride to Chele (3050 m) from Muktinath. Overnight at Tented Camp.

### Day 07:

Ride from Chele to Syangboche

Today ride from Chele to Syangboche (approx 3,840 m) along the biking trails that will offer beautiful sceneries. Overnight at Tented Camp.

Day 08:

Ride from Syangboche to Charang

Ride from Syangboche in the morning to get to Charang, which lies approximately 3,560 meters above the sea level. Overnight at Tented Camp.

Day 09:

Ride from Charang to Lo-Manthang

Today ride from Charang to Lo-Manthang. Lo-Manthang that lies 3,810 meters above the sea level used to be the capital of ancient Kingdom of Mustang. The place does not only carry a great historical significance but it's also culturally rich. Overnight at Tented Camp.

Day 10:

to 11: Explore around Lo-Manthang

These days are for rest and exploration of Lo-Manthang. Explore its cultures, people and geography. Overnight at Tented Camp.

Day 12:

Ride from Lo-Manthang to Gami

Today ride from Lo-Manthang to Gami (3,520 meters). Overnight at Tented Camp.

Day 13:

Ride from Gami to Samar

Ride from Gami to Samar (3,520 meters above sea level). Overnight at Tented Camp.

Day 14:

Ride from Samar to Chheusang

Our destination is back to Kagbeni (2,810 m). But this time, it's from Samar riding. Cycle downhill to Chheusang. Overnight at Tented Camp.

Day 15:

Ride from Chheusang to Kagbeni

Ride to Kagbeni uphill again. Overnight at Guesthouse.

Day 16:

Ride from Kagbeni to Tatopani

Today we have the longest ride of the entire tour. We'll ride 74 kilometers, from Kagbeni to Tatopani. Tatopani lies above 1,190 meters from sea level. Overnight at Guesthouse in Tatopani.

Day 17:

Ride from Tatopani to Beni and Drive to Pokhara

Ride from Tatopani to Pokhara. It is an easy ride of about 18 kms. We'll do sightseeing around Pokhara. Overnight at Hotel in Pokhara.

Day 18:

Guided Activities at Pokhara in private vehicle or on Bike.

This day, we'll visit Phewa Lake, Davis Fall and Mahendra Cave. Overnight at Hotel.

Day 19:

Pokhara to Kathmandu drive by Tourist vehicle, 7 Hrs.

We'll drive back to Kathmandu. Farewell dinner at a Nepalese restaurant with cultural program.  
Overnight at Hotel.

Day 20:

Final Departure from Nepal.

Our representatives will take you to Tribhuwan International Airport for the final departure. You also have options to extend the tour.

Cost USD 2800 per person.

#### COST INCLUDES

All land transport in private vehicle including airport transfers.

3 star hotels in Kathmandu and Pokhara as per itinerary

All accommodation in best available teahouse while biking in the Annapurna Region

Hotels and Resorts –

All meals as per itinerary

Professional Mountain Bike Guide

All permits and entry fees

Domestic flight from Pokhara to Jomsom

Porters for carrying your bags during the Jomsom Trip

Welcome dinner and traditional Dance.

Permits

#### COST EXCLUDES

Drinks, snacks and other personal expenses

Sleeping Bags

Personal Travel and Evacuation Insurance (Compulsory)

Mountain Bikes